



Summer Programme & Enrolment Form

MONDAY EVENING YOGA CLASSES @CARDIFF STEINER SCHOOL Hawthorn Road West, Llandaff North, Cardiff CF14 2FL

Term Dates: Monday 29th April 2019 to Monday 15th July 2019 Inclusive

There is **one** week break for half term, on **27th May** and **one** day break for bank Holiday on **6th May** (no classes)

Time: 6.30 – 7.30pm *General Classes* £65 (10 weeks)

Time: 7.30 – 8.30pm *General Classes* £65 (10 weeks)

WEDNESDAY EVENING YOGA CLASSES @CARDIFF STEINER SCHOOL Hawthorn Road West, Llandaff North, Cardiff CF14 2FL

Term Dates: Wednesday 1st May 2019 to Wednesday 17th July 2019 Inclusive

There is **one** week break for half term, on **29th May** (no classes)

Time: 7.30 – 8.30pm *General Classes* £71.50 (11 weeks)

THURSDAY MORNING YOGA CLASSES @ INSOLE COURT, STABLES 1, Fairwater Road, Llandaff, Cardiff CF5 2LN*

***DUE TO Major work at Insole court, on 2nd, 9th, 16th & 23rd may 2019, this class will take place temporarily @ the Scout Hall, Llandaff North 37 Belle Vue Crescent, Cardiff CF14 2FJ, after these 4weeks, back at insole Court as usual.**

Term Dates: Thursday 2nd May 2019 to Thursday 18th July 2019 Inclusive

There is **one** week break for half term, on **30th May** (no classes)

Time: 10-11am *General Classes* £77 (11 weeks)

Payment: By cash, by cheque (Please make it payable to Emilie Evans), by bank transfer online, please use your surname as reference and confirm by email (Mrs Emilie F Evans account no 12381260 sort 30-96-91) or by card.

Terms and Conditions: Please enrol as early as possible to ensure a place since numbers are limited and will be allocated strictly on a first come, first served basis, to reserve a place payment must be made in full for the term at the time of enrolment. All payments are non-refundable and non-transferable, and there are no reductions for missed weeks. Venues and times are subject to change.

Should you wish to try a class before you commit to a term, this may be arranged if space is available and will cost £8 for the 1h session (which is deducted off the price of a term if you decide to book for the remainder of the course)

I also offer individual sessions and yoga therapy where I can design a tailor-made practice to meet your particular needs that you take away with you to practice at home in your own time. This suits some students better, particularly when they do not have a regular schedule, the class times are not suitable or for specific therapeutic need.

Please fill in the part underneath, detach it and handover it to me. Please keep this part for your perusal. With thanks

I would like to enrol for the following Yoga Class(es):

CARDIFF STEINER SCHOOL, LLANDAFF NORTH

Monday 6.30-7.30pm Thursday 10-11am

Monday 7.30-8-30pm Wednesday 7.30-8-30pm

I have read and agree to the Terms and Conditions (available above or on website).

I confirm & I understand that it is my responsibility to:

-check with my doctor if I have any difficulties or concerns about my ability to participate in the yoga class.

-advise the yoga teacher of any change in my medical information.

-follow the advice given by my doctor and/or yoga teacher.

I would like to subscribe to YogaJardin contact mailing list in order to receive enrolment details and news.

I enclose payment of £

Name

Address

Signed and print name:

My contact details are unchanged

Home Tel.

Mobile.....

Email

Date:

Emilie Evans 07776380098

34 Phoenix Way, Heath, Cardiff CF14 4PQ

www.yogajardin.com