



Spring Programme & Enrolment Form

MONDAY EVENING YOGA CLASSES @CARDIFF STEINER SCHOOL Hawthorn Road West, Llandaff North, Cardiff CF14 2FL

Term Dates: Monday 6th January 2020 to Monday 30th March 2020 Inclusive
There is **one** week break for half term, on **17th February** (no classes)

Time: 6.30-7.30pm *General Classes* £84 (12 weeks)
Time: 7.30-8.30pm *General Classes* £84 (12 weeks)

WEDNESDAY EVENING YOGA CLASSES @CARDIFF STEINER SCHOOL Hawthorn Road West, Llandaff North, Cardiff CF14 2FL

Term Dates: Wednesday 8th January 2020 to Wednesday 1st April 2020 Inclusive
There is **one** week break for half term, on **19th February** (no classes)

Time: 6.30-7.30pm *General Classes* £84 (12 weeks)
Time: 7.30 – 8.30pm *General Classes* £84 (12 weeks)

THURSDAY MORNING YOGA CLASSES @ INSOLE COURT, STABLES 1, Fairwater Road, Llandaff, Cardiff CF5 2LN

Term Dates: Thursday 9th January 2020 to Thursday 2nd April 2020 Inclusive
There is **one** week break for half term, on **20th February** (no classes)

Time: 10-11am *General Classes* £90 (12 weeks)

Payment: By cash, by cheque (Please make it payable to Emilie Evans), by bank transfer online, please use your surname as reference and confirm by email (Mrs Emilie F Evans account no 12381260 sort 30-96-91) or by card.

Terms and Conditions: Please enrol as early as possible to ensure a place since numbers are limited and will be allocated strictly on a first come, first served basis, to reserve a place payment must be made in full for the term at the time of enrolment. All payments are non-refundable and non-transferable, and there are no reductions for missed weeks. Venues and times may be subject to change.

Should you wish to try a class before you commit to a term, this may be arranged if space is available and will cost £10 for the 1h session (which is deducted off the price of a term if you decide to book for the remainder of the course)

I offer individual sessions to develop your personal practice at home and yoga therapy for specific therapeutic needs that cant be covered in General classes.

Please fill in the part underneath, detach it and handover it to me. Please keep this part for your perusal. With thanks

I would like to enrol for the following Yoga Class(es):

CARDIFF STEINER SCHOOL, Llandaff North:

- Monday 6.30-7.30pm Wednesday 6.30-7-30pm
 Monday 7.30-8-30pm Wednesday 7.30-8-30pm

INSOLE COURT, Llandaff:

- Thursday 10-11am

I have read and agree to the Terms and Conditions (available above or on website).

I confirm & I understand that it is my responsibility to:

- check with my doctor if I have any difficulties or concerns about my ability to participate in the yoga class.
- advise the yoga teacher of any change in my medical information.
- follow the advice given by my doctor and/or yoga teacher.

I would like to subscribe to Yogajardin contact mailing list in order to receive enrolment details and news.

I enclose payment of £ for Term for Year
Name
Address
Signed and print name:

My contact details are unchanged
Home Tel.
Mobile.....
Email
Date:

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